

Dr. Harry F Haring, III DMD

Misch Implant Dentistry – 120 S Tuttle Ave, Sarasota FL, 34237

TEMPORARY CROWN INSTRUCTIONS

Please follow these instructions while you are awaiting your permanent crown or bridge. Do not hesitate to call the office should you have any questions about your temporary crowns.

1. Your temporary plays an important role in protecting your tooth and holding the space for your permanent crown or bridge. Should it need recementing or become damaged please call our office during business hours and we will be happy to recement or repair it.
2. Avoid eating sticky foods (caramel, chewing gum, hard candy) on the side of the mouth with a temporary crown.
3. If your bite feels uneven, please contact our office as soon as possible to schedule an appointment to have the teeth adjusted.
4. Brush your temporary crowns 2 – 3 times per day after meals, as you would your natural teeth. Use toothpaste with fluoride and brush for approximately 2-5 minutes, rinsing afterwards.
5. Do not floss the area around your temporary crown with normal dental floss. It is important that you use a specialized dental floss called “**superfloss**”. This specialized dental floss has a stiff end that allows you to thread the floss through the space between the teeth, instead of popping it down between the teeth. Do not pull up on the floss after insertion. Instead, gently pull the floss completely through the opposite side it was inserted, like a sewing motion. This will prevent the temporary crown from being pulled off the teeth. **Superfloss** can be purchased at most drug stores, or online.
6. Should your temporary become uncemented while you are out of town, purchase **temporary dental cement** from a drugstore. Remove any cement left in the temporary and replace it with a “teardrop” amount of cement. Try to not leave any cement on your gums.
7. It is normal for your teeth to have increased sensitivity to temperature and during chewing. This should subside within a few days and in some cases weeks. If your pain gets progressively worse or is causing more than mild discomfort, please call this office.
8. With the approval from your medical doctor, over the counter Ibuprofen (Advil, Motrin) may be taken as it is very effective for dental pain and inflammation. The medication is to be taken per manufacture recommendations (found on the bottle) for post treatment soreness and inflammation. Once again, it is imperative that you clearance from your medical doctor prior to taking Ibuprofen.
9. Should the gums around crown temporary crown become sensitive, rinse 4 times a day with a warm saltwater solution (½ tsp salt to ½ cup water).

OFFICE CONTACT INFORMATION

Telephone number: (941) 957-6444

Email address: info@drmisch.com